

Rayat Shikshan Sanstha`s
SADGURU GADAGE MAHARAJ
MAHAVIDYALAYA, KARAD
(An Autonomous College)



Accredited By NAAC with 'A+' Grade
Choice Based Credit System (CBCS)
Syllabus For
B.A. Part - I
PSYCHOLOGY
(Syllabus to be implemented from June, 2019 onwards.)

**Rayat Shikshan Sanstha's
Chhatrapati Shivaji College, Satara (Autonomous)
Department of Psychology**

Course Structure (UG)

B.A. Part - I: Psychology

Sr. No	Semester	Subject Code	Title of the Paper
1	I	PSYO1	Introduction to Psychology
2	II	PSYO2	Fundamentals of Psychology

Department of Psychology

**B.A. I Psychology
EQUIVALENCE**

Sr. No.	Semester	Paper No., Title of the Paper Old	Paper No., Title of the Course (New)
1	I	I – Fundamentals of Psychology	PSYO1- Introduction to Psychology
2	II	II- General Psychology	PSYO2-- Fundamentals of Psychology

O--Optional

Rayat Shikshan Sanstha's
SADGURU GADAGE MAHARAJ MAHAVIDYALAYA, KARAD

(Autonomous)

**Choice Based Credit System
Syllabus For**

B.A. I Semester I

Psychology Course I

June 2019 Onwards

**PSYO1 – Introduction to Psychology
Credit:04 Teaching Hours:60**

Unit 1: Psychology- Nature, Perspectives and Methods

- 1.1) What is Psychology?
 - a)Goals of Psychology
- 1.2) Perspectives of Psychology
 - a)Psychodynamic Perspective
 - b)Behavioral Perspective
 - c) Cognitive Perspective
 - d) Humanistic Perspective
- 1.3) Psychological Research Methods
 - a) Correlational Research
 - b)Experimental Research

Unit 2: Attention and

- Perception
- 2.1) Attention-
 - a. Definition & Nature
 - b. Types of Attention
 - c. Determinants of Attention
 - 2.2) What is Perception?
 - 2.3) The Gestalt Laws of Organization.
 - a) Top-Down and Bottom –Up Processing.
 - b) Depth Perception.
 - c) Perceptual Constancy.
 - e) Perceptual Illusions.
 - d) Distance Perception

Unit 3: Learning

- 3.1) Definition of Learning

3.2) The Basics of Classical Conditioning

- a) Applying Conditioning Principles to Human Behavior
- b) Extinction
- c) Generalization and Discrimination
- d) Beyond Traditional classical conditioning

3.3) The basics of Operant Conditioning Beyond classical conditioning

- a) Reinforcement
- b) Positive Reinforces, Negative Reinforces and Punishment and the process & concern of Punishment
- c) Discrimination and Generalization

Unit 4: Memory

4.1) The Foundations of Memory a) What is memory

- b) Sensory Memory
- c) Short Term Memory
- d) Working Memory

4.2) Long –term Memory

- a) Long Term Memory Modules
- b) Semantic Networks
- c) The Neuroscience of Memory

4.3) Forgetting : When Memory fails

- a. Why we forget?
- b. Proactive and Retroactive interference
- c. Memory Dysfunctions

4.4) Improving your Memory

References:

- 1) Feldman. R.S.(2011):Understanding Psychology,10th Edition, Chennai: *McGraw hill Education(India) Private Ltd.*
- 2) Ciccarelli& Mayor (2008): Psychology, *South Asian Edition, and first impression, Delhi: Pearson Education.*
- 3) Shirgave,Garud&Naik.(2013):Samanye Maharashtra,*NiraliPracation, Pune.*
- 4)Naik, Shirgawe, Ghaste, &Biraje (2013),Maharashtra Parichay , Pune. *NiraliPracation*
- 5) Abhyankar, Golvilkar&Oke (2014): Maharashtra, *Pearson Education.*
- 6)Badgajar,Bachaw,&Shinde(2009),SamanyaManasashatra,2nd Aaurti,*SwayanbhuPracati on,Nashik:*
- 7) Abhyankar, Shobhana. ; Oke, Amruta&Golvilkar, Sheela.; (2014) : Manasshastra : VartanacheShastra. Pearson Education, Delhi.

B.A. I Semester II

PSYO2 – Fundamentals in Psychology

Credit:04 Teaching Hours:60

Unit 1 MOTIVATION

- 1.1) Definition of motivation
- 1.2) Theories of Motivation
 - a) Instinct Approaches
 - b) Drive-Reduction Approaches
 - c) Arousal Approaches
 - d) Incentive Approaches
 - e) Cognitive Approaches
 - f) Maslow's Hierarchy
- 1.3) Human Needs and Motivation
 - a) The Motivation behind Hunger and Eating
 - b) The Need for Achievement
 - c) The Need for Affiliation
 - d) The Need for Power

Unit 2: EMOTIONS

- 2.1) Definition of Emotion
 - a) The Functions of Emotions
 - b) Determining the Range of emotions
- 2.2) The Roots(Theories) of Emotions
 - a) The James-Lange Theory
 - b) The Cannon-Bard Theory
 - c) The Schechter-Singer Theory
- 2.3 Contemporary Perspectives on the Neuroscience of Emotions
 - e) Lazarus and the cognitive theory

Unit 3: PERSONALITY

- 3.1) Nature and Definition of Personality
- 3.2) Theories of Personality
 - a) Freud Psychoanalytic Theory
 - b) Trait Approaches
 - c) Learning Approaches
- 3.3) Assessing Personality
 - a) Behavioral Assessment b) Self Report Measures of Personality
- 3.4)Projective Methods

Unit 4 : INTELLIGENCE

- 4.1) Definitions and Theories of Intelligence
 - a) Fluid and Crystallized Intelligence
 - b) Gardner's multiple Intelligence
- 4.2) Practical and Emotional Intelligence
- 4.3) Measuring Intelligence
 - a) Benet's Mental Ability Test,
 - b) Stanford –Benet and IQ.
 - c) The Wechsler's Tests.
- 4.4) Variations in intellectual ability
 - a. Intellectual disabilities
 - b. The intellectually gifted

References:

- 1) Feldman. R.S.(2011):Understanding Psychology,10th Edition, Chennai:
McGraw hill Education(India) Private Ltd.
- 2) Ciccarelli& Mayor (2008): Psychology, *South Asian Edition, and first impression,*
Delhi: Pearson Education.
- 3) Shirgave,Garud&Naik.(2013):Samanye Maharashtra,*NiraliPracation, Pune.*
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NiraliPracation
- 5) Abhyankar, Golvilkar&Oke (2014): Maharashtra, *Pearson Education.*
- 6)Badgujar,Bachaw,&Shinde(2009),SamanyaManasashatra,2ndAaurti,*SwayanbhuPracati*
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- 7) Abhyankar, Shobhana. ; Oke, Amruta&Golvilkar, Sheela.; (2014) : Manasshastra :
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