

Rayat Shikshan Sanstha's
SADGURU GADAGE MAHARAJ MAHAVIDYALAYA, KARAD

Department of Psychology

B.A. Part II Semester III

Course code PSYO3 Paper III

Child Psychology

Module 1: BEGINNINGS

- 1.1 Genetic foundation of Development
 - A) The Collaborative Genes
 - B) Genes and Chromosomes
 - C) Genetic Principles
 - D) Chromosomal and Gene linked Abnormalities
- 1.2 Prenatal Development
 - A) The Course of Prenatal Development
 - B) The Teratology and Hazards to prenatal Development.

Module 2: INFANCY

- 2.1 Physical growth and development in infancy
 - A) Pattern of Growth
 - B) The Brain
 - C) The Sleep
 - D) The Nutrition.
- 2.2 Motor Development
 - A) Reflexes
 - B) Gross motor skills
 - C) Fine motor skill
- 2.3 Cognitive Development Piaget's theory of Infant Development
 - A) Cognitive Process
 - B) The Sensory Motor Stage

Module 3: EARLY CHILDHOOD

- 3.1 Physical Changes
 - A) Body growth and change
 - B) Motor Development Gross motor skills Fine motor skills
 - C) Nutrition and Exercise
- 3.2 Cognitive Changes
 - A) Piaget's preoperational stages
- 3.3 Emotional and Personality Development
 - A) The Self
 - B) Emotional Development

Module 4: MIDDLE AND LATE CHILDHOOD

- 4.1 Physical Changes and Health
 - A) Body Growth and Changes
 - B) Motor Development
 - C) Health, Illness and Disease
- 4.2 Cognitive Changes
 - A) Piaget's Cognitive Developmental Theory
- 4.3 Socio-emotional development
 - A) Emotional Development
 - B) Developmental Changes in Parent-Child Relationships
 - C) Peers : Developmental Changes and Peer Status

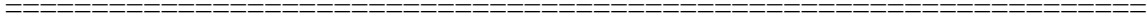
Books for Reading:

1. Santrock, J.W.(2011). Life-Span Development, Thirteenth Edition, New Delhi:Tata Mcgraw Hill Education Private Limited.

Books for References:

1) 1.. Borude, R.R. Kumathekar, Medha & Golvilkar, Shila (2013). Vaikasik Manasashatra, Dusari Aavruti, Pune: Pune Vidhyarathi Gruh Prakashan.4

2) Papalia, Diane E. and Olds Sally Wendkos (2004).Human Developmental, 9th Ed., New Delhi: Tata McGraw – Hill Publishing Company Ltd,



Rayat Shikshan Sanstha's
Sadguru gadage maharaj mahavidyalaya, karad.
Department of Psychology
B.A. Part II Semester III
Course code PSYO4
paper -IV
Applied Psychology

Module I: Self Direction in a Changing World

1.1 Social Change

- A) Living in a Technological World
- B) Living with other Social Changes

1.2 The Challenge of Self-Direction

- A) Self-Direction and Society
- B) Positive Psychology and the Humanistic Perspective
- C) Living in Today's Individualistic Society

1.3 Themes of Personal Growth

- A) Living with Contradictions and Uncertainty
- B) Continuity and Change
- C) The Experience of Personal Growth

Recommended reading

Book for Study:

Kirsh, S.J., Duffy, K.G., & Atwater, E. (2015). *Psychology for Living- Adjustment, Growth Behavior Today*. (11th ed.). Noida (UP) :Pearson India Education Services Pvt. Ltd.

Books for Reference:

1. Atwater, E. (1994). *Psychology for Living* (5th ed.). New Delhi: Prentice-Hall of India Pvt. Ltd.
2. Barve, B. N. (1998). *Jivanmanache Manasshastra. Jalana: Sankalp Pub.*
3. Weiten, W. & Margaret, A.L. (1994). *Psychology Applied to Modern Life*, (7th ed.). Singapore: Thomson Asia Pvt. Ltd.

B.A. Part II Sem. IV
Course code PSYO5 Paper V
Developmental Psychology

Module: 1 ADOLESCENCE

- 1.1 Physical changes
 - A) Puberty
 - B) Adolescent sexuality
- 1.2 Cognitive Development
 - A) Piaget's Theory
 - B) Information Processing
- 1.3 Socio-emotional Development
 - A) Parental Monitoring and Parent – Adolescent Conflict
 - B) Friendships and Peer Groups

Module: 2 EARLY ADULTHOOD

- 2.1 The Transmission from Adolescence to Adulthood
 - A) Physical Development
 - B) Sexuality
- 2.2 Cognitive Development and Career
 - A) Cognitive Development
 - B) Career and Work
- 2.3 Socio-emotional Development
 - A) Attraction, Love and Close relationships
 - B) Adult Lifestyle

Module: 3 MIDDLE ADULTHOOD

- 3.1 Physical Development
 - A) Physical Changes, Health and Diseases
 - B) Sexuality
- 3.2 Cognitive Development
 - A) Intelligence
 - B) Information Processing
- 3.3 Socio-emotional Development
 - A) Personality Theories and Development
 - B) Close Relationships

Module: 4 LATE ADULTHOOD

- 4.1 Physical Development
 - A) Longevity
 - B) The Course of Physical Development in Late Adulthood
- 4.2 Cognitive Development
 - A) Cognitive Functioning in Older Adults
 - B) Mental Health
- 4.3 Socio-emotional Development
 - A) Personality, The Self and Society
 - B) Families and Social Relationships

Recommended Reading :

1. Santrock, J.W.(2011). Life-Span Development, Thirteenth Edition, New Delhi:Tata Mcgraw Hill Education Private Limited

References

- 1. Borude, R.R. Kumathekar, Medha & Golvilkar, Shila (2013). Vaikasik Manasashatra, Dusari Aavruti, Pune: Pune Vidhyarthi Gruh Prakashan
- 2. Papalia, Diane E. and Olds Sally Wendkos (2004). Human Developmental, 9th Ed., Tata McGraw – Hill Publishing Company Ltd New Delhi,

=====

B.A.Part II Semester IV
Course code PSYO6 paper VI
Modern Applied Psychology

Module I: Taking Charge

- 1.1 Personal Control
 - A. Explaining Perceived Control
 - B. The Benefits of Perceived Control
 - C. Misperception and Maladjustment
 - D. Learned Optimism
 - E. Defensive Pessimism
- 1.2 Decision Making
 - A. The Process of Decision Making
 - B. Critical Elements in Decision Making
 - C. Post-Decision Regret
 - D. Making Better Decisions
- 1.3 Decisions and Personal Growth
 - A. Making New Decisions
 - B. Some practical Applications

Module II: Making and keeping friends

- 2.1 Meeting People
 - A. Are First Impressions Most Important?
 - B. Factors that Influence First Impressions
 - C. Mistaken Impressions
- 2.2 Keeping Friends
 - A. When Friends Get Together?
 - B. Self-disclosure – Those Little Secrets
 - C. Gender Differences in Friendship
 - D. Staying Friends
- 2.3 When It's Hard to Make Friends?
 - A. Shyness
 - B. Loneliness

Module III: Love and Commitment

- 3.1 Love is a Many Splendored (and Defined) Thing
 - A. The Many Definitions of Love
 - B. Love and Friendship
 - C. Love and Attachment
- 3.2 Finding Love
 - A. Online Dating
 - B. The importance of Self-disclosure
- 3.3 Marriage and Other Committed Relationships
 - A. Cohabitation
 - B. Marriage
- 3.4 Adjusting to Intimate Relationships

A. Attitude adjustment

B. Sharing Responsibilities

C. Communication and Conflict

D. Making the Relationship Better

E. Sexuality

Recommended Reading:

a) Book for Study:

Kirsh, S.J., Duffy, K.G., & Atwater, E. (2015). *Psychology for Living-Adjustment, Growth, and Behavior Today*. (11th ed.). Noida (UP) :Pearson India Education Services Pvt. Ltd.

b) Books for Reference:

1. Atwater, E. (1994). *Psychology for Living* (5th ed.). New Delhi: Prentice-Hall of India Private Ltd.

2. Barve, B. N. (1998). *Jivanmanache Manasshastra*. Jalana: Sankalp Pub.

3. Weiten, W. & Margaret, A.L. (1994). *Psychology Applied to Modern Life* (7th ed.).Singapore: Thomson Asia Pvt. Ltd.