

First Year
Certificate Course in Counseling

Sr. No	Unit No	Topic & Content	Period
1	Unit I	Guidance 1) Guidance Meaning a) Nature & Definition b) Purpose of Guidance c) Need of Guidance 2) Main Principal Guidance 3) Types of Guidance	07
2	Unit II	Counseling 1) Counseling Nature & Definition a) Meaning of Counseling b) Counseling Work c) Counseling process 2) Stages of Counseling a) Counseling Process Related b) Counseling advantages	08
3	Unit III	Guidance Technique 1) Observation Method 2) Introspection method 3) Interview Method 4) Questionnaire Method 5) Case Study Method	07
4	Unit IV	Occupation Information 1) Occupation Guidance 2) Importance Occupation Guidance 3) Information Occupation 4) Occupation Guidance extent 5) Occupation classification	08
Total Period			30

Second Year
Diploma Course in Counseling

Sr. No	Unit No	Topic & Content	Period
1	Unit I	Counseling Goals & Objective 1) Introduction 2) Meaning & Definition 3) Counseling Goals 4) Counseling Moral Value 5) Moral Values	07
2	Unit II	Counseling Process 1) Process Stairs 2) Interview 3) Case Study 4) Time & Permission 5) Objectives of Counseling	08
3	Unit III	Counseling Interaction 1) Counseling Interaction 2) Personality Characteristics of the Counselor 3) Transference	05
4	Unit IV	Problem Solving 1) Solve the counseling Related Problem 2) Discussion 3) Personal Information 4) Group Discussion 5) Conduct The Summary	10
Total Period			30

Third Year
Advance Diploma Course in Counseling

Sr. No	Unit No	Topic & Content	Period
1	Unit I	Counseling Technique 1) Counseling Center Concept 2) Rogers Perspective 3) Steps of Counseling 4) Rational Perspective	08
2	Unit II	Psychological Testing 1) Test use of Counseling 2) Interpretation of Counseling 3) Sociometric Techniques	06
3	Unit III	Types of Counseling Child 1) Counseling the elementary School – 2) Counseling at high School 3) Counseling at College 4) The Role of Teachers in Counseling	06
4	Unit IV	Practical 1) Self – Belief 2) Anxiety 3) Adjustment 4) Exam – Fear 5) Frustration	10
Total Period			30

Reference :

- Hirave ,Tadsare (2011). Counselling Psychology(2011), Phdake Publishers Kolhapur.
ShShi, Sarvade (2008). Educational Guidance & Counseling, Diamond Publishers Pune.
Dunakhe, A.(2006) Educational, Vocational Guidance And Counselling(2006)